

St John's Catholic Primary School, Tiverton

Curriculum Statement – Physical Education-PE

WHY THIS SUBJECT IS IMPORTANT IN OUR SCHOOL (Intent):

Physical Education is a very important part of our lives and daily activity is vital for our health and wellbeing. Physical activities are important to embrace early in childhood as they help to promote healthy growth and development. PE helps build a healthier body composition with stronger bones and muscles. It also improves children's cardiovascular fitness. Children who have higher levels of physical activity during their childhood are more likely to be more active when they are older.

The National Curriculum for Physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy and active lives

Teaching and learning about Physical Education also helps children to communicate, to work as a team, to deal with winning and losing, perseverance, how to deal with their emotions and making mistakes, to build confidence and social skills, how to work out tactics/plans to succeed as well as leadership roles and much more.

HOW WE WILL MEASURE IMPACT:

We measure impact on the children of being able to be physically active for sustained periods by using the Golden Mile and the data produced. Children run/jog/walk the Golden Mile weekly at school. At the end of every term we do an overall baseline measurement assessment and report on all the children's performance.

Measuring impact on competence is done by looking at the assessment of pupils' development of skills and knowledge throughout each unit of the curriculum. Children learn the reasons behind the importance of leading active lives within their lessons. Competition is added into lessons as much as possible and we are hoping for at the end of each term an intra-sport competition to be held for all classes to ensure that all the children are engaged in competitive sports and the results are always announced to the children.

HOW THIS SUBJECT IS ORGANISED IN OUR SCHOOL (Implementation):

In all classes we try to cover as many curriculum topics as we can as well as offering some enrichment to give the children a wide variety of new sporting opportunities and to keep them engaged in physical activity

EYFS, YEARS 1 & 2

- Our first curriculum topic is always multi-skills, working on the fundamentals of movement looking at agility, balance and co-ordination before applying this to specific sports.
- We then move onto the topics of Gymnastics and Dance to help the children develop creativity and control in large and small movements. To build their confidence and strength and how to negotiate space indoors and around equipment safely.
- We then look at the specific sport topics like striking and fielding and sports day events where the children must communicate, select and prepare appropriate resources, play and use a range of skills cooperatively, taking it in turns and working together and dealing with competition.

YEARS 3-6

- For all these year groups we map out the national curriculum topics across 2 years to make sure everything is covered.
- PE will be developed through different topics each term: Invasion Games, Outdoor Ed, Dance, Gymnastics, Striking and Fielding, Net and Wall and Athletics.
- Children gain knowledge through playing and doing and the use of pictures, PowerPoints and videos helps their learning and the acquisition of wider skills.
- The children will work within different pairs and teams throughout the year.
- Intra-sport competitions are held termly so the children can compete in their house groups.
- When possible, we offer an enrichment block of different sports for the children to try something new curling, fencing and archery have been taught recently.

Extra-curricular activities and sporting events

We provide extra-curricular sporting activities for pupils after-school once a week to enhance their learning and skills within that sport. Also, we are involved in the Active Devon sports programme which means teams are entered to go and compete in different sports against different schools throughout the year and we participate in the School Games Mark award scheme.

Notes from class teachers used in the above implementation section.

Reception	Years 1 & 2	Year 3 & 4	Years 5 & 6
<ul style="list-style-type: none"> - Link to counting and numbers as much as possible - Themed games are linked to the children’s interests to help engage them in PE to start with - Start to learn the 10 reasons of why we do physical activity 	<ul style="list-style-type: none"> ● Pairing of children is different most weeks and is done mainly on abilities. ● To embed the 10 reasons of why we do physical activity ● Themed games are linked to the children’s interests to help engage them in PE to start with ● Intra-sports are planned to support competitive sport competing in school house groups. 	<ul style="list-style-type: none"> ● Paired and group tasks set every week, focus on effective communication and teamwork. ● PowerPoints or visuals used such as videos and resource pictures to help explain learning objectives. ● Sharing thoughts, knowledge and ideas on sports and tactics ● Particular focus on specific sports-day activities in the run-up. ● Sharing of learnt technique and sport-related knowledge. ● Use of technical vocabulary, cross-curricular link ● Intra-sports are planned to support competitive sport competing in school house groups. 	<ul style="list-style-type: none"> ● Paired/group work is often in ability groups. ● PowerPoints or visuals used such as videos and pictures to help explain learning objectives. ● Leadership roles are given to Year 6 pupils throughout the year, leading warm up games, being captains or managers, being Golden Mile monitors or refereeing games. ● Particular focus on specific sports-day activities in the run-up. ● Sharing thoughts, knowledge and ideas on sports and tactics ● Use of technical vocabulary, cross-curricular link ● Intra-sports are planned to support competitive sport competing in school house groups.